

Duckweed

*A Tiny Aquatic Plant with Enormous Potential
for Bioregenerative Life Support Systems*

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Aquatic Plants for Bioregenerative Life Support

Challenges of Land Plants

- **Gravitropic complications in propagation**
- **Nutrient delivery in microgravity**
- **Large volumes of inedible biomass**
- **Root zone aeration**



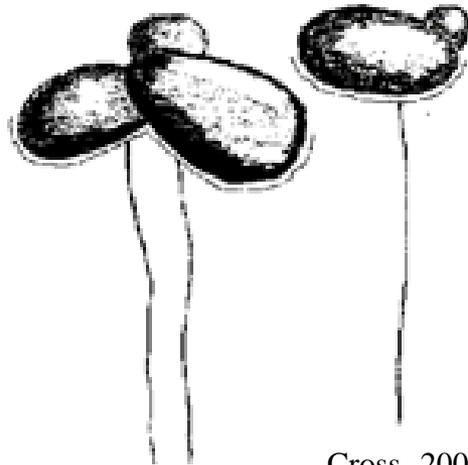
Benefits of Aquatic Plants

- **Consumed around the world**
- **Often 100% edible and fast growing**
- **Thrive in nutrient rich water**
- **Growth less sensitive to gravity**



What is Duckweed?

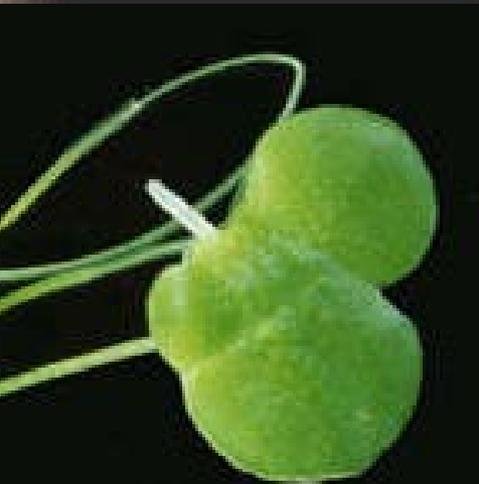
- Smallest flowering plants on Earth (*Journey et al., 1991*)
- Among fastest growing plants in the world (*Ziegler et al., 2015*)
- Subfamily Lemnoideae (in family Araceae): 5 genera, over 40 species
- Free floating or submerged, found in still/slow flowing fresh water
- Common in lakes, ponds, canals, rice fields, ditches, and even mud



Cross, 2002

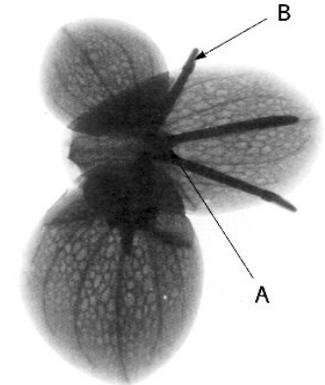


Anatomy and Reproduction



➤ **Fronds:** oval shaped vegetative bodies (1-20 mm across), grow singly or in small groups

- Take up gasses and nutrients
- Permanently open stomata on top
- Cutin (waxy, water repellent) on top
- Air sacs provide buoyancy
- Vascular system “practically absent”
- Little structural tissue needed (floating)



➤ **Roots** give mechanical stability (grow in dilute water)

➤ **Reproduce** primarily asexually through budding (flowering rarely observed)

- Up to 10 daughters in 10 days before dying
- Doubles biomass in 1-3 days (ideal conditions)



Duckweed Environmental Requirements

¹Leng, 1999 ²Iqbal, 1999 ³Hasan, 2009

➤ **Nutrient composition:**

- Duckweed thrive on water rich in nutrients & dissolved organic compounds
- Opportunistic growth spurts when flushes of nitrogen occur
- Utilize a variety of N sources, including urea; prefer $\text{NH}_4\text{-N}$ over $\text{NO}_3\text{-N}$
- P & K needed in low amounts (concentrates in tissue during rapid growth)
- Can metabolize sugars if nutrients not present, *without sunlight*

➤ **Temperature:** 6-33C (growth)¹; 25-31C (optimal)²

➤ **Sunlight:** Increasing intensity increases growth; optimal range uncertain

➤ **Salinity:** Fresh to slightly brackish; saline water can be used

➤ **pH:** 3-10 (growth) & ~7 (optimal)³

➤ **Mat Density:** Full coverage that still accommodates rapid growth (400-800g/m²)³

➤ **Water Velocity:** Maximum of 0.1²-0.3³ m/sec

➤ **Water Depth:** Grows on water mm to meters deep – effects sunlight & water temp

➤ **Water O₂ Concentration:** Grows equally in aerobic & anaerobic water

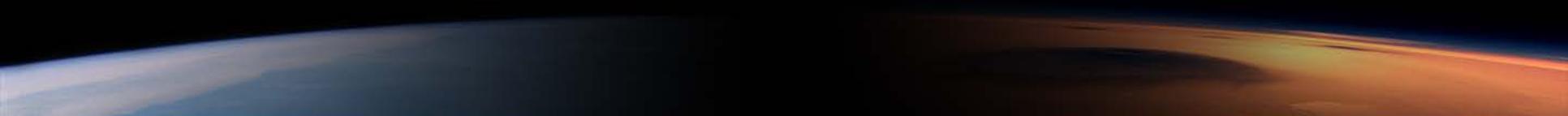


Biomass Composition and Yield

- **100% Edible** ¹*Journey et al., 1991* ³*Iqbal, 1999*
- **Water: 92-94%**¹ ²*Ansal et al., 2010* ⁴*Hasan, 2009*
- **Protein:** up to 45%¹ (comparable to soybean), high quality
 - Rich in lysine & arginine (usually low in plants), leucine, threonine, valine, isoleucine & phenylalanine; low in methionine & tyrosine
- **Fiber:** <5%¹
- **Carbohydrates:** 30-35%²
- **Vitamins:** Good source of vitamin A and pigments (e.g. beta-carotene & xanthophyll)²
- **Calcium Oxalate:** Duckweed stores calcium as calcium oxalate crystals
- **Yield:** Reports vary widely (2-50 tons/hectare/yr³; 0.2- kg/m²); dependent upon species, climate, location, nutrient supply, water depth, and crop management practices (like harvesting rates)



The Next Superfood?



Amino Acid Composition

Meets/ exceeds World Health Organization recommendations, comparable to legumes

Polyunsaturated Fats

48-71% of fatty acid content

Omega 6 to Omega 3 Ratio

0.1 to 0.75 (FAO recommends <5)

Phytosterol

5-fold higher than most other plant oils (lowers cholesterol absorption)

Antioxidants

High concentrations of lutein & zeaxanthin

Mineral Composition

Presence of trace elements depends on nutrient medium

Appenroth, 2017

The Next Superfood?

Lentein™ Complete from Parabel, made from “Water Lentils”, i.e. Duckweed



Image Source: www.lentein.com

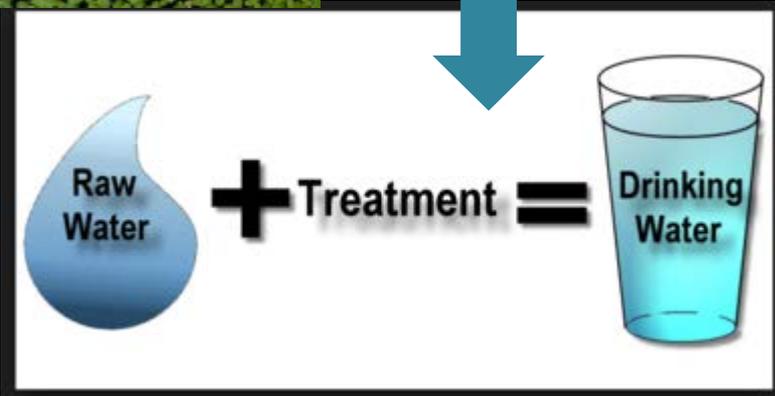


<http://www.greenonyx.biz/>

Water Treatment with Duckweed?

Lemna populated lagoons treat sewage in as many as 100 facilities around the world, with effluent often exceeding US water quality standards.

Leng, 1999



(Iqbal, 1999)



Potential Utilization in a Space Habitat

- Preferential **uptake of ammonia** as a nitrogen source (making it attractive for waste processing)
- **Rapid, uniform growth** through unlimited vegetative budding
- **Robust:** Grows under a wide range of conditions and can “survive and recover from extremes of temperature, nutrient loadings, nutrient balance, and pH.”
(*Journey et al., 1991*)
- **Volume Efficient:** Can grow on thin films of water, allowing more growth area in less volume
- **Indefinite maintenance of stock cultures** in light, or in darkness with sugar supplement, allowing survival and rapid restart of the crop in the event of prolonged darkness from power or lighting failure
- Inactive, **permanently open stomata**, allowing for irregular photoperiods and continuous CO₂ uptake
- **100% harvest index** of **highly nutritious** material (10-45% protein)

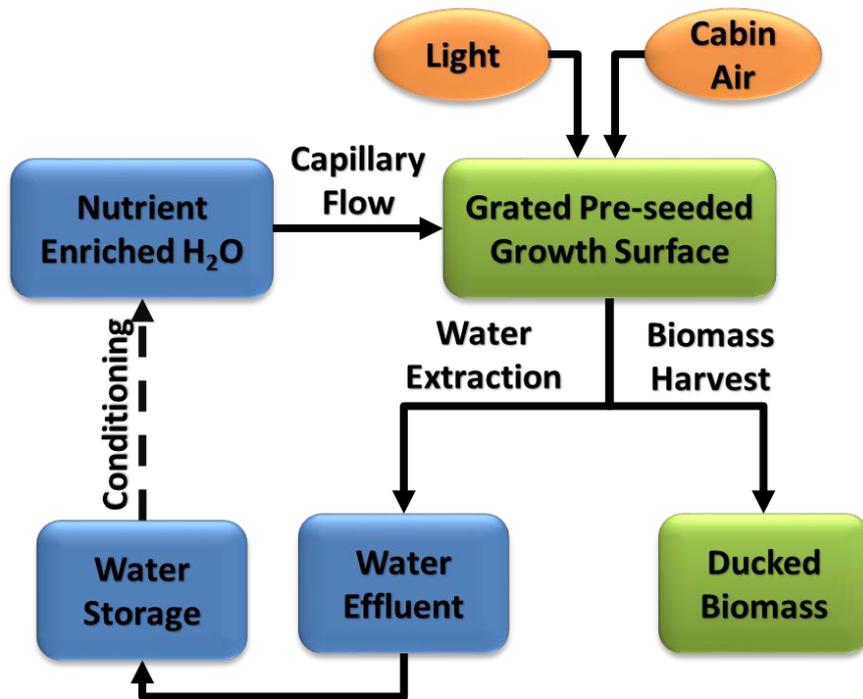


μ G-Lilypond NASA STTR Phase 1

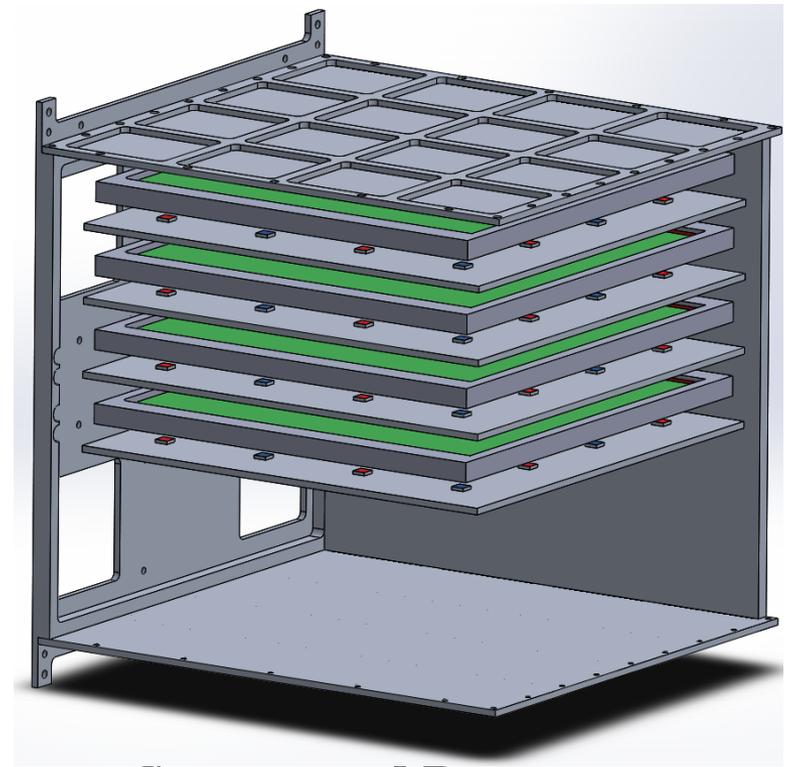
Space Lab Technologies, University of Colorado Boulder
NASA, Kennedy Space Center (Technical Monitor)

Phase 1: Conceptual design & feasibility (passive water delivery, continuous harvest)

Features: Low maintenance, passive water delivery, volume efficient, seed to seed



Other system operations include means for pre-seeding and for cleaning biofouling



**Conceptual Prototype
for ISS EXPRESS Rack**



Operational & Design Challenges

CHALLENGE	GOAL	POTENTIAL SOLUTION
Nutritional Quality	<ul style="list-style-type: none">• Maximize protein• Reduce oxalic acid	<ul style="list-style-type: none">• Control nutrient supply• Control light spectrum• Post-processing
Food Preparation	<ul style="list-style-type: none">• Max. nutritional value• Palatability	<ul style="list-style-type: none">• Heating, pulping, drying
Daily Harvest Requirements	<ul style="list-style-type: none">• Reduce crew time needed for operation	<ul style="list-style-type: none">• Autonomous harvesting mechanisms
Thermal Control	<ul style="list-style-type: none">• Maintain stable temp	<ul style="list-style-type: none">• Heat dissipation
Crop Loss	<ul style="list-style-type: none">• Rapid restart of crops if system fails/is unused	<ul style="list-style-type: none">• Dormant stock cultures
Water Delivery	<ul style="list-style-type: none">• Maintain stable thin film	<ul style="list-style-type: none">• Passive capillary flow
Biofilm, Deposits	<ul style="list-style-type: none">• Maintain water flow	<ul style="list-style-type: none">• Cleaning mechanisms



Future Research Questions

General:

- Optimal conditions for biomass yield & nutritional quality, by species
- Submerged versus 'floating' growth
- Effects of water depth (or surface area to volume) on growth
- Necessity of oxygen in water (aeration needs?)
- Preferred CO₂ source (air/water)
- Relationships w/ root-zone microbes (nitrifying, etc.)?

Effects of Microgravity:

- Nutrient uptake (diffusion limited) and homogeneity
- Mechanical behavior of fronds at air/liquid interface

Much research exists.

Comparison of published empirical trials is difficult.

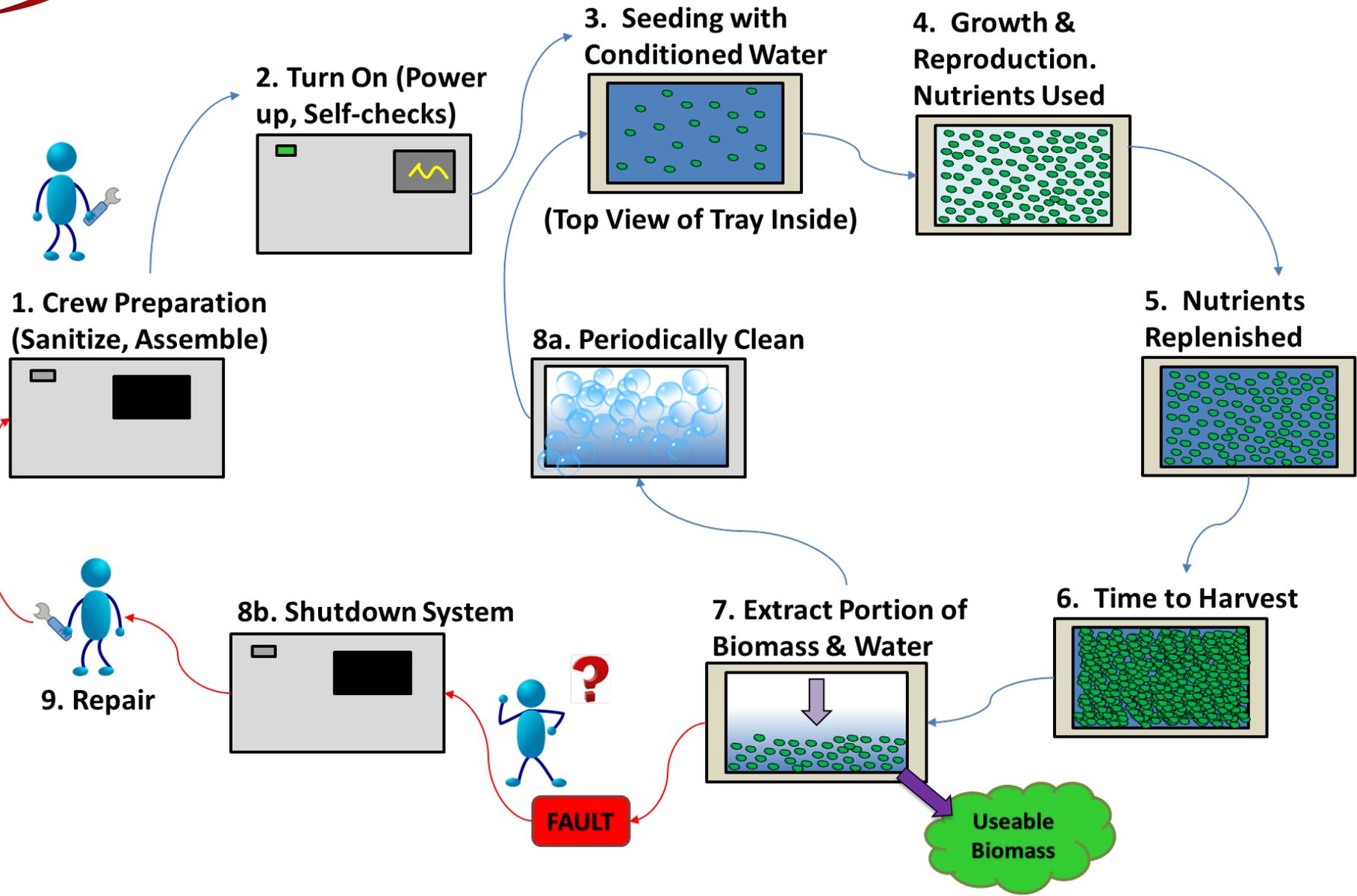


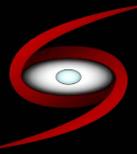
QUESTIONS?



The content of this slide is subject to the propriety statement on the title slide.

μ G-LilyPond Concept of Operations – Food Production Mode

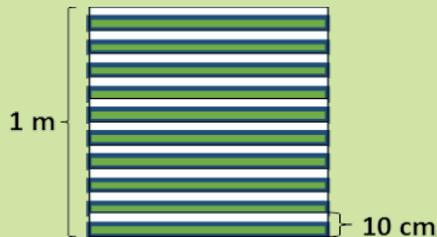




Potential Utilization in a Space Habitat

In an environmentally controlled system, yield and biomass composition can be optimized in a small volume

Thin (10 cm)
stacked 1m^2 trays
= 10 m^2 growing
area in 1 m^3
volume



Could produce up to 0.15-
0.25 kg DM/day in 1 m^3
volume¹ →

**17-28 g protein/crew
member/day!**

(assuming 4-person crew)

¹Gale et al, 1989